



SESSION 8

COVID 19 PREVENTIVE MEASURES GUIDE FOR LOCAL SELF GOVERNMENTS



Protective measures to be taken by COVID Response Teams

**LOCAL SELF GOVERNMENT DEPARTMENT, GOVERNMENT OF KERALA
KERALA INSTITUTE OF LOCAL ADMINISTRATION**

02/04/2020



Healthcare workers

DOCTOR

NURSE

JHI, HI, HS
JPHN, PHN, PHNS

LAB TECHNICIAN,
RADIOGRAPHERS

HOSPITAL /
PUBLIC CLEANING
LABOURERS

PHARMACIST,
OTHER HOSPITAL
EMPLOYEES

ASHA WORKERS

ANGANWADI
WORKERS

AMBULANCE
EMPLOYEES



Other High Risk Categories



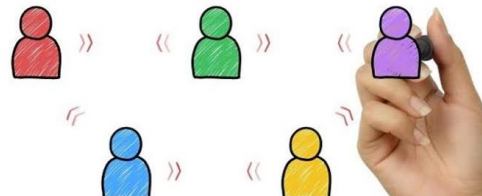
- Electoral Representatives
- Police
- Public Workers
- Volunteers who home delivers food, medicine, etc.
- Grocery Sellers
- Kudumbashree/ santhwanam Workers
- Volunteers
- Other Volunteers
- Drivers



Conditions to be strictly followed by all Service Sector Workers



- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing
- If soap and water is not readily available, use a hand sanitizer
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Maintain physical distancing





Conditions to be Strictly Followed by all Service Sector Workers



- Use personal protection measures (at least gloves & mask) when you are around other people
- Sanitize frequently touched things like watch, mobile, ID Cards, purse, pen, etc.
- Inform the authorized & get quarantined if experiencing fever, cough, soar throat, and difficulty breathing
- Clean & disinfect house and surroundings

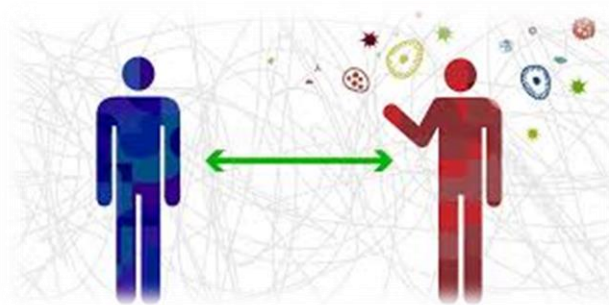




Conditions to be Strictly Followed by all Service Sector Workers



- COVID – 19 easily spreads at crowded places & closed working environments. Maximum try to avoid such exposures.
- During the service activities make sure that you drink lot of water. And ensure to eat on time, also take proper rest.





Police



- Necessary Gloves, Mask
- Protection measures from sunlight (Example: Cap, Sunglass)
- Make sure that enough food, water, & protection measures are provided
- Ensure physical distancing while distribution
- Give instructions to utilize sanitizer in necessary situations. Provide sanitizer for this.





Doctors & Other Health Sector Workers

- Triple Layer Mask, Gloves, & PPE Kit
- Facilities to dispose infected wastes of above mentioned
- Facility to wash hands





Continued...



■ Ambulance Service

- ❖ Clean & disinfect the surfaces frequently touched by driver
- ❖ Do not allow anyone to sit next to the driver
- ❖ Drive with open windows



■ Hospital/ Public Cleaning Labourers

- ❖ Provide Double gloves, Mask, PPE Kit





Pharmacist, Other Hospital Workers

- Ensure physical distancing
- Clean and disinfect hands frequently
- Provide necessary mask, gloves
- Ensure availability of facilities to clean and disinfect hands (sanitizer, pipe, soap)





JHI, HI, HS JPHN, PHN, PHNS



- Protective caution & measures are very important for the workers engaged in field level activities



- Provide
 - Mask
 - Gloves
 - Hand sanitizer



- Local Institutions are responsible to provide the help and support for field level activities



Electoral Representatives & Volunteers

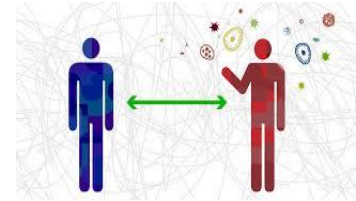
- Mask + Gloves
- Clean & disinfect hands; Provide proper idea on what are the instructions to be followed. This can be done using Whatsapp, Zoom, & Other Digital Media.





Volunteers who home delivers food, medicine, etc.

- Physical Distancing
- Provide instruction to keep/ leave the deliverables in front of the home door
- In case of receiving money, ask the family to keep it in front of the door & get inside. Once the door is closed get the money. Then either wash or sanitize the hands.
- Provide sensitization on how the virus comes to hands. Example: Lift button, Door handle, Calling bell etc.
- Provide enough sanitizers.





Community Kitchen Workers



- Maintain cleanliness while cooking
- Cooking & packing staff must ensure to wear mask, cap, & gloves.
- Keep physical distancing amongst the cooking staff & other workers.
- Take precautions to well organize the activities by controlling the number of staffs.
- Local Self Government Institutions must guide them to disinfect the washed vessels, pipes, tables, etc.





Organization in Hospitals



- Facilities to wash hands
- Make arrangements to provide masks & gloves in hospitals if unavailable.
- Make arrangements to dispense sanitizer in different areas of the hospital
- Ensure the scientific disposal of biomedical wastes in PHC, CHC, & other Health Centers
- Make arrangements to provide unavailable medicines, & other required equipment.





Activities to be Done & Monitored by the Local Self Government Institutions



- COVID 19 Protective Measures – LSGIs must ensure that the volunteers are strictly following guidelines provided.
- Ensure that the protective measures are provided for the response team
- Make sure that the hygiene measures are provided in public places & institutions.
- Apart from ensuring the above mentioned, provide sensitization/ training on these via mobile phones (Whatsapp, Information Videos, Video Conferencing)
- Provide transportation facilities & necessary goods



Activities to be Done & Monitored by the Local Self Government Institutions



- Ensure the execution & management of the above mentioned, and overcome the flaws as well.
- Ensure the scientific disposal of biomedical wastes
- Ensure that all protective measures are well equipped for the response team.

It's our need & responsibility to ensure that all protective measures are well equipped for the response team.



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